Pediatric Clinician’s Guide: Steps to Parental Depression Screening

**Assess**
Conduct brief parental depression screening at well child visits
Score to determine if risk for major depression

**Address**
Discuss screening results and the possibility of depression
Explain the impact of parental mood on children.

**Agree**
Doctor and parent jointly agree on what to do next.

**Assist & Arrange**
Assist with child developmental/behavioral issues when needed
Provide parent with educational materials.
Provide referrals to community resources and other providers

**Address Again**
Follow up at next pediatric visit or sooner if needed