State Strategies to Expand Access to Palliative Care

March 16th, 2020
12:00 pm-1:00 pm ET

This work is supported through funding from the John A Hartford Foundation
Logistics

- Your lines will be muted during the webinar.
- To ask a question or make a comment, please use the Q&A function.
  - The “chat” function will also be available to communicate if you are having technical difficulties
- Please complete the evaluation in the pop-up box after the webinar to help us continue to improve your experience.
- Thank-you!
Today’s Speakers

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Arizona Health Care Cost Containment System
NASHP Webinar:
State Strategies to Expand Access to Palliative Care

March 16, 2020
Rani E. Snyder
Vice President, Program
The John A. Hartford Foundation: Mission and Priorities

Dedicated to Improving the Care of Older Adults

Priority Areas:
- Age-Friendly Health Systems
- Family Caregiving
- Serious Illness & End of Life
The John A. Hartford Foundation
Private national philanthropy based in New York, established in 1929, by family owners of the A&P grocery chain

$625,000,000
Grants authorized since 1982 to improve health and aging
Building the field of aging experts
Testing & replicating innovation
Palliative Care

Focuses on improving the quality of life for people facing serious illness:

• Pain & symptom management
• Communication & coordinated care
• Appropriate from time of diagnosis
• Can be provided with curative treatment

Resource: Center to Advance Palliative Care
www.CAPC.org
NASHP: Supporting the Continuum of Palliative Care

Goal of Grant
Improve access to and the quality of hospital and community-based palliative care services

Approach
• Review palliative care activity & policies in states
• Convene State Leadership Council on Palliative Care
• Develop briefs for State Health Policymakers
• Provide technical support to states
• Disseminate findings and resources
Supporting the Continuum of Palliative Care

**NASHP Resource Hub**: State Strategies to Address Palliative Care
https://nashp.org/nashp-resource-hub-state-strategies-to-address-palliative-care/#toggle-id-1

Publications, tools and resources include:

- Setting up State Leadership Council on Palliative Care
- Advancing Palliative Care for Adults with Serious Illness: A National Review of State Palliative Care Policies and Programs
- Palliative Care: A Primer for State Policymakers
- Seven Ways State Policymakers Can Promote Palliative Care
Recommendations for State Policymakers

Promoting Palliative Care: Recommendations, Tools, and Strategies
NASHP’s Palliative Care Work

With generous funding from The John A. Hartford Foundation, NASHO has conducted a 26-month project focusing on opportunities and challenges for states to advance palliative care programs/policies.

Project activities include:

- A 50-state comprehensive review of state policy activity related to palliative care in both community and hospital settings

- Resources for States:
  - Primer on palliative care for state policymakers
  - Recommendations for state policymakers to advance palliative care
  - Toolkit highlighting effective and innovative strategies to support state implementation – coming Spring 2020!
Framing: Recommendations and Toolkit

- Role of states to support palliative care
- Leading with the vision statement
  - Embedding palliative care across care continuum, in a variety of settings
  - Building both primary care and specialty palliative care capacity (differentiating between broad “palliative care in all policies” and “specialty palliative care”)
  - Emphasizing importance of patient and family/caregiver engagement, shared decision-making
- Discuss value proposition for palliative care, leading with opportunity to improve quality of life and patient satisfaction
- Highlight potential state roles and associated policy levers to advance palliative care
Building Engagement and Awareness

Recommendation:
Educate policymakers, providers, and the public about the role and value of palliative care across the health care continuum, including both primary and specialty palliative care.

Toolkit:
- "101" information for policymakers to share with colleagues, stakeholder
- Examples of best practices for state palliative care websites, specific suggestions for what info to include
- Interactive map with information on state palliative care task forces, legislation
State Regulatory Authority

Recommendation:
Determine the extent to which to define palliative care within state laws, regulations, and Medicaid policy guidance

Toolkit:
- Key considerations for states when deciding if/how to regulate
- Model definitions, standards, language and current examples
- Provider training and/or credentialing requirements
Evidence-Based Care

Recommendation:
Promote evidence-based palliative care across a range of providers and settings

Toolkit:
• Resources for states on Palliative Care across the continuum (home, community, outpatient, residential facilities, hospital inpatient)
• Analysis and recommendations on palliative care definitions and standards in Medicaid, different care environments (e.g., nursing homes, assisted living facilities)
Promoting Quality

Recommendation:
Identify quality measurement and reporting strategies

Toolkit:
- Utilizing quality measures to build an effective palliative care system
- Showcase quality measures in use in states currently, and other measures sets in development
- Explore consensus guidelines and accreditation specific to palliative care
Recommendation:
Develop strategies to build capacity among providers working with serious illness populations to educate patients about palliative care and/or directly deliver palliative care services

Toolkit:
- Highlight states that leverage continuing education programs
- Identify potential barriers in scope of practice, provider licensure rules
- Showcase model legislation and contractual language around palliative care
Recommendation:
Develop sustainable reimbursement mechanisms for the continuum of palliative care services

Toolkit:
• Guidance for states on identifying, targeting populations who could benefit most from palliative care services
• Checklist for states in structuring benefits and models
• Review of current and potential reimbursement models
Palliative Care in All Policies

Recommendation:
Identify opportunities to incorporate palliative care into the broader health care delivery system

Toolkit:
• Resources for states on leveraging palliative care to support existing Medicaid goals/initiatives (1915 waiver/SPAs, managed care, PCCM, health homes, D-SNPs)
• Provide to integrate palliative care into broader Medicaid programs (VBP, Dually Eligible Payment Models, MLTSS)
Thank You!

For more information and resources, please visit The NASHP Resource Hub: State Strategies to Address Palliative Care
PALLIATIVE CARE
March 16, 2020

Reaching across Arizona to provide comprehensive, quality health care to those in need
Jakenna Lebsock, MPA
Assistant Director

Brandi Howard, BSN
Medical Management Manager

Melissa Arzabal, MPA
ALTCS Case Management Program Manager

Reaching across Arizona to provide comprehensive quality health care for those in need
AHCCCS Background

- End of Life Care and Advanced Care Planning were an area of focus as part of our recent ALTCS EPD RFP and continues to be an area with opportunities for continuous improvement.
- Prior to this, palliative care was only referred to under our Hospice policy.
- As part of the EPD RFP, a new policy (AMPM Policy 310-HH) was developed. This policy establishes guidelines, medical criteria and requirements for End of Life care and the provision of Advance Care Planning, which could include palliative care.
- The End of Life concept of care strives to preserve member rights and dignity, while receiving appropriate health care services and practical supports.
Palliative Care Background

• Since “palliative” care is defined as services to relief pain and stress and improvement of quality of life, we can provide this through covered services—pain relief, BH services to relieve stress, informal supports as well.
• Palliative Care is available to all AHCCCS populations across the life span
• Any illness leading to a dependence on life-sustaining treatments or long term care supported by others for their ADLs
Palliative Care

• AHCCCS defined Palliative care as:

  Member and family-centered care that optimizes quality of life by anticipating, preventing, and treating suffering and is provided to address physical, intellectual, emotional, social, and spiritual needs and to facilitate member autonomy, access to information, and choice.
Palliative Care

Hospice Care is a comprehensive set of services identified and coordinated by an interdisciplinary group to provide palliative and support care for Terminally Ill members and their family members and/or caregivers for the physical, psychosocial, spiritual, and emotional needs as delineated in a specific patient plan of care.
Palliative Care

• Details related to Palliative services are located within AMPM Policy 310-J
• Palliative Care is provided under the Hospice service benefit
• These services are covered for members who are certified by a physician
• MCOs are required to provide Palliative and support care for terminally ill members and their families
Coding

• Advanced Care Planning codes
  o 99497 Advanced care planning (first 30 mins)
  o 99498 Advanced care planning (each additional 30 mins)
  o S0257 Counseling and discussion regarding advance directives or end of life care planning
  o S0311 Comprehensive management and care coordination for advanced illness per calendar month
## Code Utilization

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Quality Measures

- Quality Management aligns the quality measures with the CMS Core Set.
- Any changes made to the quality measures are based on CMS guidance.
Questions?

Reaching across Arizona to provide comprehensive quality health care for those in need
To ask a question, please use the ‘Q&A’ feature.
Thank you for joining this Palliative Care Webinar!

Please complete the evaluation form following this presentation.