



Supporting Young Children's Healthy Social/ Emotional Development

ABCD II/GREAT START MINNESOTA PROJECT

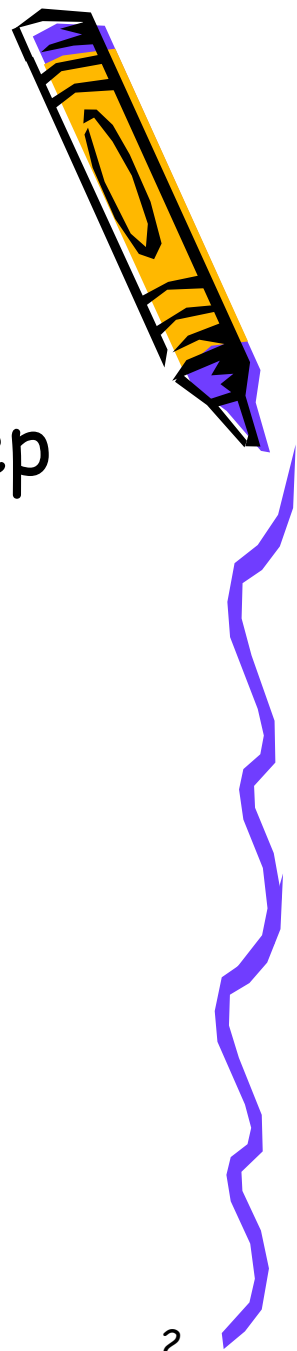
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Early Childhood Social/Emotional Development



- "Young children are capable of deep
- and lasting sadness, grief, and
- disorganization in response to
- trauma, loss, and early personal
- rejection."
- From Neurons to Neighborhoods



Early Childhood Social/Emotional Development

“Significant parent mental health problems, substance abuse, and family violence impose heavy developmental burdens on young children.”



From Neurons to Neighborhoods

Early Childhood Social/Emotional Development

Other risk factors

Biological:

- Genetic inheritance
- Exposure to injury, infection, toxicants, nutritional deficiencies (in-utero or after)
- Difficult temperament

Healthy Generations, January 2002



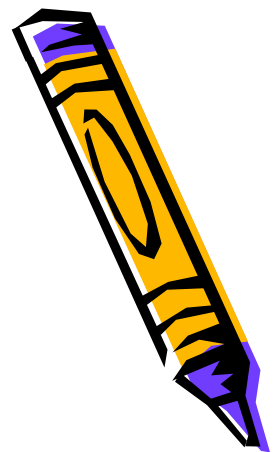
Early Childhood Social/Emotional Development

Other risk factors (cont'd)

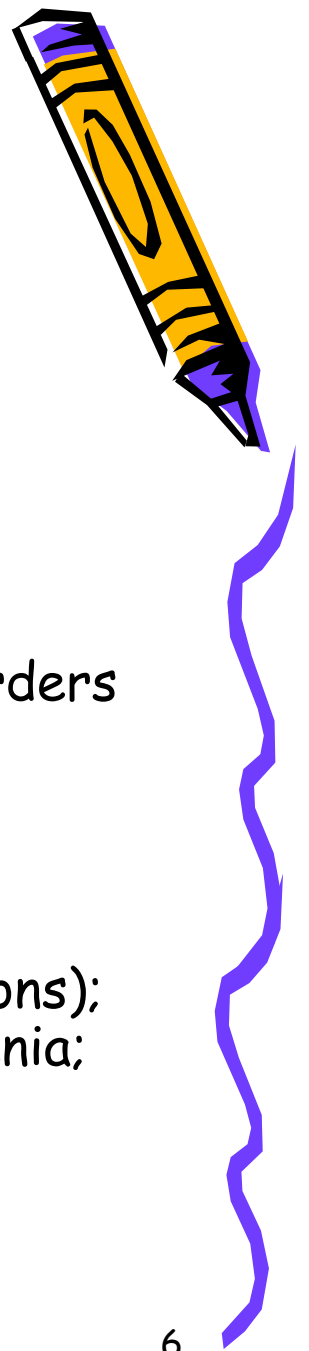
Social/Environmental:

- Living in high risk neighborhoods
- Discrimination and racism
- Prolonged family stress due to death, divorce, extreme economic hardship, etc.

Healthy Generations, January 2002



Early Childhood Social/Emotional Development



- Neurodevelopmental disorders:
 - ADD/ADHD; pervasive developmental disorders
- Other developmental disorders:
 - Attachment; disorders of regulatory function; disorders of relationship
- Disorders which overlap older children/adult diagnoses:
 - Depression and anxiety (with different manifestations); childhood onset of bipolar disorders and schizophrenia; reaction to trauma



Early Childhood Social/Emotional Development

Due to infants' and toddlers' complete dependence on nurturing adults, assessment and diagnosis must take place in the context of the child's important caregiving relationships.

DC: 0-3R



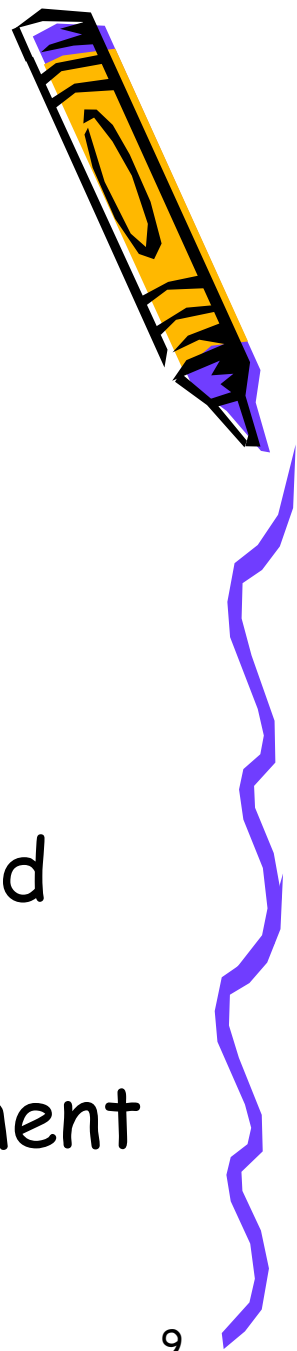
ABCD II GRANT: Assuring Better Child Mental Healthy Development

3-year learning collaborative of 5 states:
California, Illinois, Iowa, Minnesota, Utah



- Strengthen Minnesota Health Care Programs' (MHCP) capacity to deliver care for young children's mental health development
- Identify and implement policies and systemic changes that support the provision of preventive and early intervention care by MHCP providers





Great Start Minnesota Project

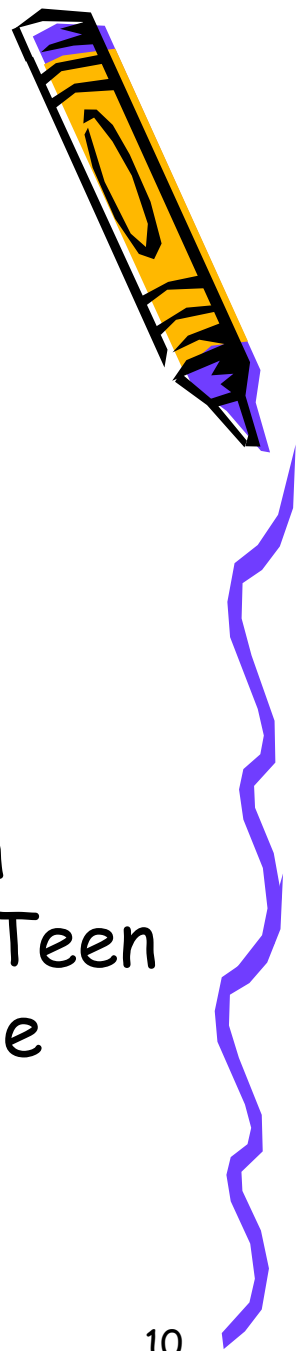
- Activities build on current and ongoing efforts
- Sustainable: only small component may need additional resources
- Attempts to demonstrate enhanced efficacy and cost-efficiency of integrating efforts to support children's mental healthy development



Great Start Minnesota Project

Integrated set of activities:

- Prenatal and perinatal mental health screening of parents
- Referrals to services as needed, to include anticipatory guidance for the benefit of infants
- Expansion of children's mental health screening in several venues (EPSDT, Teen Check up, Follow Along, children in the child welfare system)



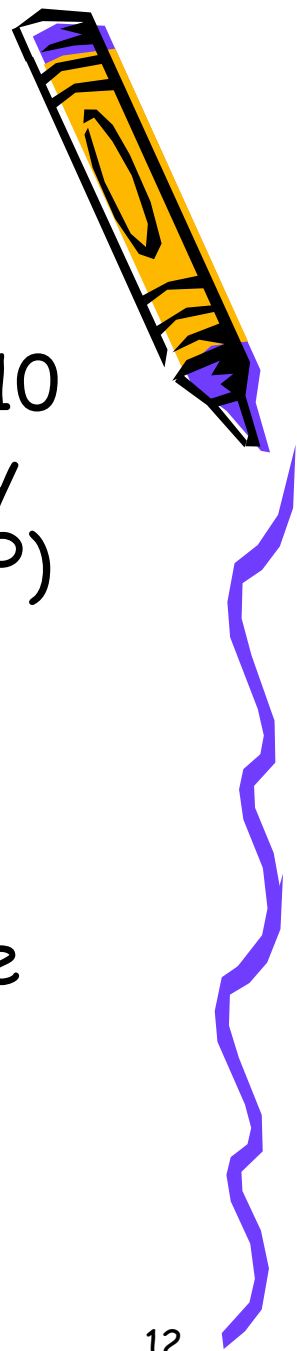
Great Start Minnesota Project

- Training for providers of services to young children and their families (pediatricians, primary care physicians, home visiting nurses, mental health professionals, etc.)
- Interventions that are culturally and developmentally appropriate
- Pilot-based exploration of adapting pediatric clinic practice to better integrate services



Great Start Minnesota Project

- Zero-to-Three DC: 0-3R Diagnostic Classification - cross walk with ICD-9/10 facilitates access to services funded by Minnesota Health Care Programs (MHCP)
- Communication with stakeholder group, culturally specific groups, on project development, mental health, health care disparities, screening, diagnosis, and interventions



Great Start Minnesota Project

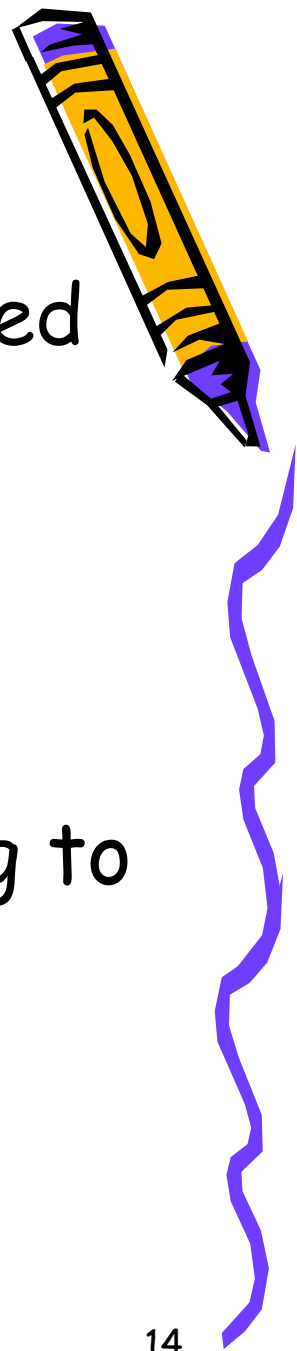


- Training of primary care providers on early childhood mental health (CMEs)
- Training of children's mental health professionals on DC: 0-3R
- Number of providers certified to offer the Children's Therapeutic Services and Supports (CTSS) benefit
- Collaborations with Head Start and Early Head Start: improving early childhood mental development as a new strategic goal



Great Start Minnesota Project

- Children's Hospitals (St. Paul) started screening children August 1, 2005, using ASQ: SE, and will continue in 2006
- CentraCare (St. Cloud) is preparing to start screening children in its pediatrics clinic soon



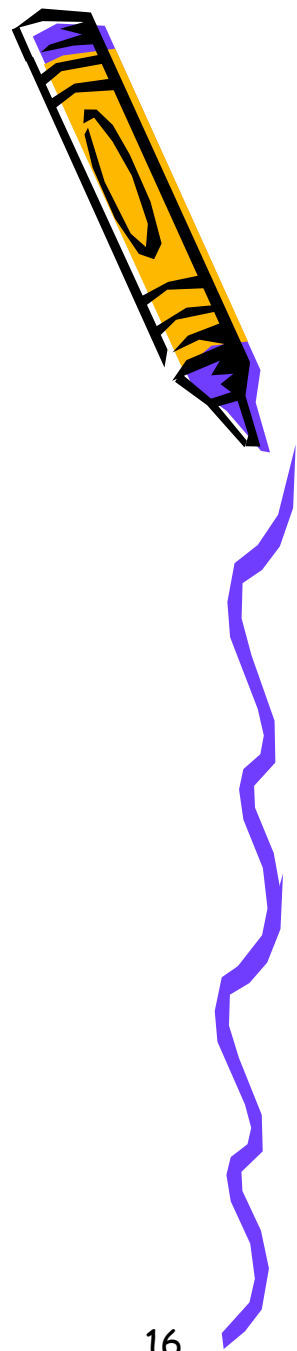
Great Start Minnesota Project

- Updating of EPSDT provider training manual to more directly address early childhood and children's mental health
- Legislation enacted to provide postpartum depression education and information to new mothers and fathers departing from hospitals and other health care facilities



Great Start Minnesota

PLANS FOR YEAR 3



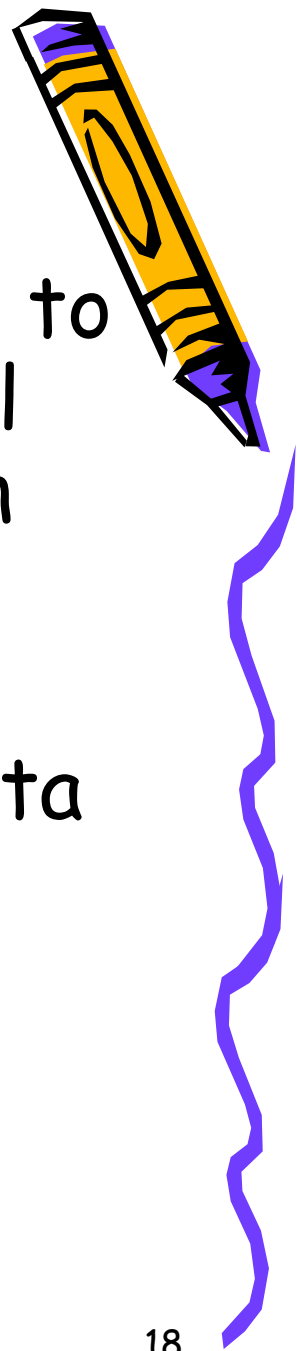
Great Start Minnesota Project

- Routine consistent training of both physicians and mental health providers
- Lead in adoption of DC: 0-3R and work with MDH, the U of MN, and other training venues to assure adequate training in use of DC: 0-3R to all providers of CTSS to young children



Great Start Minnesota Project

- Work with educational institutions to prepare the early childhood mental health workforce, by developing an Infant Mental Health Certificate
- Work with the stakeholder partnership as well as the Minnesota Mental Health Action Group (MMHAG) to configure a new targeted prevention benefit



Great Start Minnesota Project

- If feasible, expand the MN Health Care Program benefit to include screening of children and parents, targeted prevention, and family psycho education.
- Dissemination and technical assistance on use of the CTSS benefit for young children, including developmentally and culturally appropriate interventions



Great Start Minnesota Project

- Expand the number of clinics utilizing the Great Start Minnesota model (Minnesota's AAP chapter is actively supporting this effort)
- Review of "lessons learned" from two pilot projects for dissemination in the community



References:



Thompson, Dr. Ross, University of California at Davis

Building Healthy Relationships that Promote Positive Social and Emotional Development (slide show presentation)-National Conference of State Legislatures, October 1, 2004

ZERO TO THREE, Fact Sheet, May 2003. Infant Mental Health

Shonkoff, J. & Phillips, D. (eds.) (2000) From neurons to neighborhoods: the science of early childhood development. Washington, DC: National Academy Press

