



## Advanced Training -- DC: 0-3R™: Developmentally-Based Diagnosis of the Mental Health and Developmental Disorders of Infancy and Early Childhood

### **Audience**

This seminar is for mental health clinicians who have 1) participated in a full-day Introductory Training on use of DC: 0-3R™, and 2) have been using DC: 0-3R clinically for at least 6 months

### **Summary**

Using these case examples, participants apply clinical reasoning to the process of diagnosing the mental health and developmental difficulties of infants and toddlers. Knowledge and skill increase through this facilitated dialogue.

### **Seminar Description**

Clinicians write a case summary and submit it to the trainer for review prior to the seminar. The trainer reviews cases and selects several for presentation and discussion during the seminar. Those presenting are asked to bring a clinical videotape from the case being discussed if possible.

Focus is on clinical reasoning and taking time for careful evaluation of the indicators of mental health and developmental difficulty in infancy and early childhood. In infancy and early childhood, development and thus behavioral change is rapid and takes place in the context of caregiving relationships. Additionally, all areas of development are closely interwoven. Infants and young children have limited means of signaling their distress. For these and other reasons specific to very early childhood, both learning and implementing the diagnostic process takes time. This seminar is designed to allow clinicians to deepen understanding and skills involved in diagnosing mental health and developmental difficulty in very young children.

### **Agenda**

Two to three cases will be presented orally by a clinician or team of clinicians. Video tape of the case will be reviewed and discussed. The trainer will select the cases to further the participants' learning about the diagnostic process. Questions and dilemmas related to the diagnosing of infants and young children will be incorporated as part of the discussion, and the 5 axes of DC:0-3R will be reviewed.

### **Learning Objectives:**

Participants will:

- 1) Discuss their own clinical cases involving infants and very young children.
- 2) Use all 5 axes of the DC: 0-3™ to consider the diagnosis of the children involved in the case presentation.
- 3) Decide whether a DSM or DC: 0-3 diagnosis is most appropriate and use clinical thinking to support that decision.
- 4) Discuss treatment plans based on the child's diagnosis.